WHAT IS THIS STUDY ABOUT?
A research study is a way to find out about something. We are doing this study to learn about different ways people control their emotions, and how that changes as you are in therapy. You are being asked if you want to be in this research study because you are between the age of 13 and 18 years old and you are currently seeing someone to talk about your emotions and feelings.

WHAT WILL I NEED TO DO IF I AM IN THIS STUDY?
There are two parts to this study. You’ll visit our clinic twice over a 6-to-8-week period of time. You’ll do the same things each visit so that we can learn how your ability to control your emotions changes over time. You will come in and have some stickers placed on your hand and chest, and a band will be placed around your waist. These will measure your heart, how much you sweat, and how fast you are breathing. After that, you will practice playing a game where you will be asked to control your emotions while looking at groups of pictures. After each picture, you will tell us how you feel. These pictures may cause strong emotions. Some may be very upsetting, and some may be happy. After you practice, you will begin a longer version of the game where you will do the same thing. You will play this game for about 45 minutes, but you might finish before then. After you finish the game, you will answer some questions on the computer about your thoughts, feelings, and some past things that have happened to you. We expect the questions to take about 45 minutes or less. We expect the whole visit to last about an hour and a half.

CAN I STOP BEING IN THE STUDY?
You may stop being in the study at any time. You will not be in trouble. You can choose not the do the surveys or tasks even after you have started.

WILL ANYTHING BAD HAPPEN TO ME IF I AM IN THE STUDY?
You may feel embarrassed or sad when we ask you questions about your feelings. You may also feel sad, embarrassed, nervous, angry, happy, or content while looking at the pictures. Some of them may make you uncomfortable. If you feel your emotions really strongly, you may feel these bad emotions stronger when you look at the pictures. There’s also a small chance someone outside of the study could see your information.

WHAT GOOD THINGS MIGHT HAPPEN TO ME IF I AM IN THE STUDY?
You may learn new ways to control your emotion. Otherwise we do not think being in this study will help you. You may feel good knowing that what we find out from this study may help other people someday.

WILL I BE GIVEN ANYTHING FOR BEING IN THE STUDY?
You will get up to $125 for doing everything else for the study. You’ll get $50 for the first visit, and $75 for the second visit. You will receive a cash payment after each visit.

WILL ANYONE KNOW I AM IN THE STUDY?
• Your being in the study will be kept secret. What we learn about you will be kept in a safe spot in the research lab.
• Your name will not be written anywhere on the sheet that you will write your answers on.
We will be working together with other researchers to learn as much as we possibly can. The other researchers will not know you were in the study because all of your information is secretly coded.

- When we are finished with this study, we will write a report about what was learned. This report will not include your name or that you were in the study.
- We will tell your parents or guardian and counselor about your answers if we think they need to know something you have told us. We would tell them if you are feeling really sad or are not feeling well. We are doing this so you can get better, and get the care that you need.

We will also ask your doctor, therapist, or counselor to share some information about your health. We will get your parent/guardian’s permission to get this information. If you decide you do not want us to have this information, you can have your parent/guardian tell us, and we will stop asking for new information. However, we will still have the information your doctor, therapist, or counselor already shared with us.

**WHO CAN I TALK TO ABOUT THE STUDY?**
If you have any questions about the study or any problems, you can talk to your parents, guardian or anyone on the research team. You can contact the research team at 608-265-3610 or emotionstudy@psychiatry.wisc.edu.

**WHAT IF I DO NOT WANT TO DO THIS?**
You don’t have to be in this study. It is up to you. You can decide whether or not you want to be in this study, and you can stop being in it if you want to. If you say okay now, but change your mind later, that’s okay too. Just tell one of us.

**FUTURE STUDIES**
We would like to keep your contact information (like your name and phone number) so that we can reach you to be in future possible studies, which you and your parent/guardian can agree to this. If you turn 18, we will contact you again at that time to make sure it is still ok to keep your contact information.
Child Authorization

Your parent (or guardian) has to give permission for you to be in this study if you decide you want to participate.

I have been told about the study and what I will need to do if I agree to be a part of it. I agree to be in this study. I have been told that I can stop at any time. If I have any questions, at any time, they will be answered. I can keep a copy of this paper.

If you would like to be in the study, please fill out the lines below.

Child’s Name (Please print)

First: ______________________________ Last: ______________________________

Child’s Signature or Initials: ______________________________ Date: _____________________

Principal Investigator or Person Obtaining Assent/Consent:

I have discussed this research study with the child using language that is understandable and appropriate. I believe I have fully informed the participant of the nature of the study and its possible risks and benefits. I believe the participant understood this explanation and assented to participate in this study.

Name of Person Obtaining Assent/Consent: ______________________________

Signature: ______________________________ Date: __________________

You should receive a copy of this form after signing it.