Electronic Assent to Participate Form
To be completed by the youth participants

University of Wisconsin-Madison
Assent to Participate in Research

WHAT IS THIS STUDY ABOUT?
A research study is a way to find out about something. This study will help us learn about how you can control your emotions in different ways. We are going to ask you to follow some instructions while looking at some pictures, then ask you some survey questions about your thoughts, feelings, and behaviors related to your mental health, and some questions about some of your past experiences. You are being asked to be in this research study because you are between the ages of 14 and 17 years old and you live in Wisconsin.

Answering any of these questions is completely voluntary, meaning that you do not have to do it. You can also choose not to answer any questions that make you feel uncomfortable, and you can stop at any time.

WHAT WILL I NEED TO DO IF I AM IN THIS STUDY?
You will be asked to look at some groups of pictures while following some specific instructions. These pictures are made to cause a variety of strong emotions. Some may be very upsetting, and some may be happy. Once you have finished looking at pictures, you will be asked to fill out some online surveys. We ask that you complete the picture task and online surveys alone, though your parent/guardian may be in the room when you complete them. When you are done, we are going to ask you to look at the pictures and do the surveys again approximately 2 weeks from now, but will send reminders at 4 and 6 weeks if they are not completed. We will send some reminders to complete the surveys up to two more times. Completing both the picture task and surveys will take you approximately an hour to finish. Your parent has already completed some surveys as well. You will need to complete the picture task portion in one sitting, but you can stop and resume the surveys at a later date. If you stop the surveys, you will need to contact our study staff to get the unique link to continue the surveys. It should take about the same amount of time to complete the task and surveys the second time.

WILL ANYTHING BAD HAPPEN TO ME IF I AM IN THE STUDY?
You may feel sad, embarrassed, nervous, angry, happy, or content when looking at the pictures. Some of them may make you uncomfortable. If you feel your emotions really strongly, you may feel these bad emotions stronger when you look at the pictures. Some of the questions you will be asked may make you feel embarrassed or sad when your answer questions about your feelings. You may also skip any questions you do not wish to answer. There’s also a small chance someone outside of the study could see your answers.
CAN I STOP BEING IN THE STUDY?
You can choose to stop being in this study at any time. You will not get in trouble. You
can choose not to do the surveys or task even after you have started.

WILL I BE GIVEN ANYTHING FOR BEING IN THE STUDY?
When you finish the picture task and surveys, your parent or guardian will be sent an
email with a $25 Amazon gift card for you to use. Your parent will be sent a second $25
Amazon gift card for you if you complete the 2-week follow-up picture task and surveys.

WILL ANYONE KNOW I AM IN THE STUDY?
You being in the study will be kept secret. We will just ask you for your name and date
of birth, so we can keep track of your information and have your precise age. The only
other information that we will have about your family is an email address. All of your
answers will be kept in a safe spot in our research lab. We sometimes work with other
researchers to learn as much as we can. These other researchers will not know you
were in the study because your data will only be shared with a special ID code that we
randomly assign to you. When we are finished with the study we will write a report about
what we learn. This report will not include that you were in our research study

WHO CAN I TALK TO ABOUT THE STUDY?
If you have any questions about the study or any problems, you can talk to your
parents, guardian, or anyone on the research team. You can contact the research team
at emotionstudy@psychiatry.wisc.edu.

WHAT IF I DO NOT WANT TO DO THIS?
You don’t have to be in this study. It is up to you. You can decide whether or not you
want to be in this study, and you can stop being in it if you want to. If you say okay now,
but change your mind later, that’s okay too.
YOUTH AUTHORIZATION

Your parent or guardian has to give permission for you to be in this study if you decide you want to participate.

I have been told about the study and what I will need to do if I agree to be a part of it. I agree to be in this study. I have been told that I can stop at any time.

If you check the box below, it means that you have read this form and that you agree to participate.

Child Assent for the Participation of Self

Type out your full name here: _______________________

☐ By checking this box, I am electronically signing this form.
Thank you for agreeing to participate! Your surveys and task will begin once you click the link below. They should take approximately 45 to 60 minutes to complete.

Once you are done with your task and surveys, you will be sent to a final page. Here, you will check a box confirming that you are finished. Once you click this box and exit, there is nothing more you need to do!

Your parent will get an email with the information for the Amazon gift card within the next 2 weeks, and they will get an email for you to complete the task and questionnaires again in 2 weeks.